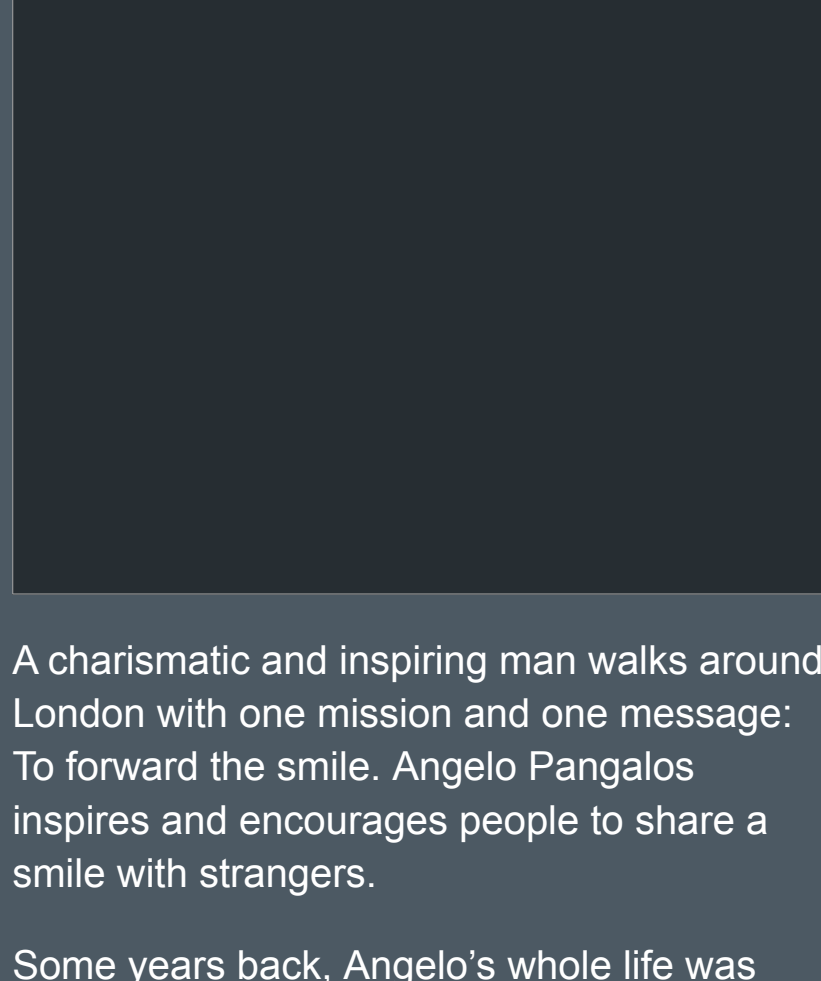


## ANGELO PANGALOS: FORWARD THE SMILE



A charismatic and inspiring man walks around London with one mission and one message: To forward the smile. Angelo Pangalos inspires and encourages people to share a smile with strangers.

Some years back, Angelo's whole life was turned upside down due to illness and it was these hard times which led to and fuel his current ethos. He reflects: "I remember I was hitting my head on the wall and I was so down that I took my pen and I wrote on my wall really big, I just want to die."

Now, his mission is to lighten the day of total strangers. Part of this involves transforming typical tube journeys into fun sing-along experiments. With a deck of cards and a guitar he brings light to the tube journeys and engages with strangers, recognizing the importance of social interactions. Angelo finds fulfillment through this project and by sharing smiles and stories with strangers.

"When you are broken, you have nothing else to lose" he exclaims. Angelo's purpose is not recognition or fame, nor to receive money from strangers. Simply, he aims to spread happiness around him and paint the world with smiles.

And so, we share a smile with Angelos and also share his story with you, in hope that he inspires each and every one of you, to forward a smile today.



Article written by Malvina [Share](#) 84

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- Music
- News
- Sports

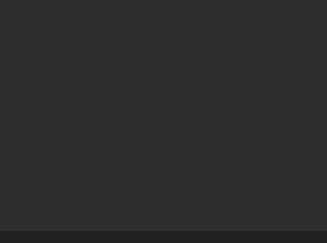
### ARCHIVES

- February 2020
- January 2020
- December 2019
- November 2019
- October 2019
- September 2019
- August 2019
- July 2019
- June 2019
- May 2019
- April 2019
- March 2019
- February 2019
- January 2019
- December 2018
- November 2018
- October 2018
- August 2018
- July 2018
- June 2018
- May 2018
- April 2018
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- February 2016
- January 2016
- December 2015
- November 2015
- October 2015
- September 2015
- August 2015
- July 2015
- June 2015
- May 2015
- April 2015
- March 2015
- February 2015
- January 2015

### SITEMAP

- HOME
- ABOUT LGR
- CAREERS AT LGR
- CONTACT US
- LGR PRESENTERS
- HOW TO LISTEN
- SCHEDULE
- LGR MISSION STATEMENT
- TERMS & CONDITIONS
- COMPETITION T'S & C'S
- PRIVACY

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